

Nancy (Heimann) Sayres

Nancy (Heimann) Sayres, 63, of Mystic passed away Sunday, February 19, 2012, at Iowa Methodist Medical Center in Des Moines after a courageous battle with ovarian cancer.

Nancy was born to Arthur & Julia (Kvasny) Heimann in Des Moines on January 31, 1949. She received her education from Grinnell-Newburg High School in 1967. She attended college at Upper Iowa University graduating with a double major in Education and Art. Nancy married Rick Van Blaricon and later divorced. She would be united in marriage again to Gary Sayres on June 18, 1983, in Centerville. Nancy served on the Board of Directors for



SIEDA, a member of Family Alliance, Iowa Federation of Families, Iowa Laureate Beta Iota Sorority, Learn to Swim Program and the First Evangelical Lutheran Church. She was an Art teacher at Moravia Schools for 14 years and would later become the Parent Education Coordinator with the local Area Education Association. She was also the Aquatics Director at the YMCA in Centerville.

Nancy was passionate about the family circle, especially children. She enjoyed teaching swim lessons to two generations of kids in the Appanoose County area. She was instrumental in establishing and maintaining the local swim team. More importantly she loved the time spent with her family and friends, especially her grandchildren.

Nancy is survived by her husband Gary of Mystic; four children, Erin Lawson (Brian) of Cincinnati, Bradley Van Blaricon (Felicia) of Pella, Hilary Sayres of Centerville, and Emily Sayres of Centerville; three grandchildren, Taylor Lawson, Kolby Lawson and Alizabeth Van Dusseldorg, her father, Arthur Heimann of Grinnell, Iowa; three brothers, Ray Heimann (Kim) of Newton, Iowa, Mark Heimann (Teri) of Dike, Iowa, and Ed Heimann of Superior, Wisconsin; a sister Jo Heimann-Schreck (Rod) of Manchester, Iowa; and many nieces and nephews. She was preceded in death by her mother Julia.

Visitation will be all day Thursday, February 23, 2012, with the family present from 5-8 p.m. at Thomas Funeral Home, 23548 Hwy 5, Centerville, Iowa 52544. Funeral service will be 10:30 a.m., Friday, February 24, 2012, at First Evangelical Lutheran Church, 410 E. Sheridan, Centerville, Iowa 52544, with Rev. Kathy Franzenburg. Interment will be in Numa Cemetery. Memorials may be given to First Evangelical Lutheran Church or the YMCA Swim team which may be left at or mailed to Thomas Funeral Home, 23548 Hwy 5, PO Box 125, Centerville, Iowa 52544. Condolences and video may be shared at www.thomasfh.com.

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