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2-26-2016

Val Strand



Val Strand, 90, entered eternal rest Tuesday, February 23, 2016, at Fountain West Care Center in West Des Moines. Visitation was held 5 to 7 p.m. Thursday, February 25, at Iles Westover Chapel, 6337 Hickman Rd., Des Moines. Memorial services will be held at 10 a.m. Friday, February 26, at Westover Chapel. Burial will be in Carmen, Ill.

Val was born August 30, 1925, in Burlington, Iowa, to Henry and Mina (Porter) McCannon. She received a Bachelor's degree from Western Illinois University and worked towards a Master's Degree at Drake University. She taught

P.E., Biology and English in Illinois and Iowa. She and her husband, Dean, owned Strand's Shoes in Grinnell for 26 years. She volunteered for Meals on Wheels. Her memberships included Eastern Star, Beta Sigma Phi, multiple bridge clubs, the Grinnell Country Club and Grinnell United Methodist Women.

In 2009, Val was preceded in death by Dean, her husband of 61 years. Survivors include her daughters, Jean (Michael) Bloomberg of West Des Moines and Sara Strand of Chicago, IL; and grandchildren, Elizabeth Strand Bloomberg, Katherine Strand Bloomberg, Megan Strand-Jordan and Matthew Strand-Jordan.

Val's family wishes to thank the staff of Fountain West for their thirteen years of care, love and support. Memorial contributions may be made to Fountain West Health Care Center. Online condolences are welcome at www.IlesCares.com.