Born in Des Moines, his family moved to Grinnell and he graduated from Grinnell High School. Rex had a distinguished Naval career spanning 25 years.
Rex is survived by his wife Madeline; three sons, Robert of Texas, Richard of South Korea and Jonathan of Massachusetts; his sister Virginia Bidwell of Grinnell; and other relations.
He was preceded in death by his parents Russel L. and Dolores G. Mott, and his sister Linda Hasley.